

## **LFR Regular Committee Meeting Monday 4<sup>th</sup> June 2018**

Co-Presidents: Kirsty Fitzgerald (KF) and Jamie Keenan (JK)

Club Secretary: Christos Bitzis-Politis (CBP)

Club Treasurer: Warren Swart (WS)

Membership Secretary: Simon Mac (SM)

Races Secretaries : Julia Robinson (JR) and Alex Rendall (AR)

Publicity & Communications Officers: Mary Cormack (MC) and Andrew Corti (AC)

Social Secretaries: Daniel Brittle (DB) and Waldo Miguez (WM)

Coaching Team Coordinator: Adrian Mark (AM)

### **Agenda**

#### **Club Treasurer**

Financial Update (please find document attached)

#### **Publicity & Communications Officers**

Update

\*E-Bulletin proposed change of day

\*Women Social Run Dates

\*Pride Briefing update

#### **Races Secretaries**

Update

#### **Membership Secretary**

Update

#### **Social Secretaries**

Social Calendar updates

#### **Club Secretary**

Monday Bank Holiday Run

#### **Co-Presidents**

\*Leeds FR Card

\*Venue Meeting update

\*England Athletics multi emails

\*New Website, next steps

#### **AOB**

Chair: KF  
Apologies: AM, WM  
Minutes: CBP

Brief revue of Action Points from the Committee's last RCM

### **MC**

Presentation of two set-responses relative to potential enquiries on FB postings, as to why a particular FB posting has not been approved. P&C Officers are trying to screen the content of all FB postings on the Club's official FB page, making sure that all postings are relevant and not of an offensive nature; there usually are around 5 postings per month which they do not allow to go forward. There is a plethora of postings relative to LGBT+ issues, all very important in their own way though not directly pertinent to neither running related activities nor to the Club. There are also several petitions for fundraising, and there is an LFR coherent homogeneous policy in regards to such petitions. WS suggestion of a minor amend in the text, as to be able to include on FB also communications in connection to other LGBT sports.

Update on LFR Music

**JK** update on the EA Non Binary Guidelines for Road Race Organisers. There have been some comments and feedback offered to EA by Stonewall, which have been take on board and which have been incorporated to the final draft. Minesh Patel also had a look at it, as it is much more relevant to the Pride Run, from a competitive race organisers point of view. JK will send the final approved draft to all Committee members.

### **WS**

Financial Update, based on a balance sheet report which has been previously circulated among Committee members. The Green Belt Relay costs have been settled, there has been a slight overbudget of £55 but in general everything has gone well. The EA yearly affiliation renewal has been also approved and paid, which has been a substantial amount, over £ 4,500, and the usual fixed expenditures as The Castle changing facilities, the Club internet addresses etc. have all been settled.

### **SM**

Membership update

The Membership List is weekly updated and Committee members are warmly encouraged to please remember to print out and use them for members to sign-in before every run, not forgetting to fill in afterwards the relative spreadsheet.

We are currently at 389 members of which 35 identify as female. Out of these numbers, 17 are completely new runners with the remaining runners being renewals from the last Club year. This is about 35 members less than we had last year in the same period of time, end of May, beginning of June.

We are currently around 70% of the way to reach the amount of members we had last year and we still have nine more months to look forward to as to reach this number.

In regards to GDPR, Membership List has been and will continue being updated with members who have opted out.

There are still members who are going to participate at the International Trip and which have not renewed their Club membership yet, and are being chased to do so.

There has been some initial confusion relative to the members opting to receive the e-bulletin, partially created by Mailchimp, which has been sorted out. There have been 327 e-bulletins sent out this morning, with 77 members positively reacting within the space of one week, requesting to receive the e-bulletin.

## **MC**

Suggestion and proposal to have the e-bulletin sent out on a different day, hence Tuesday instead of Monday, pros and cons. The whole issue is being resolved by coming to the decision of actually not changing the day the e-bulletin is sent out but of changing the deadline from Sunday midday to Sunday 6.00 pm, for all those who wish to communicate their race results and send them via e-mail to the Race Secretaries.

Technical discussion relative to the format of the race results, the difficulties encountered and which format could potentially work the best for the presentation of race results.

Update on the women Sunday Run and Social.

Based on consultation with the Club's calendar, there are three initial dates proposed for the next three months for the Women's Sunday Run and Social, these being: 15<sup>th</sup> July, 26<sup>th</sup> August and 23<sup>rd</sup> September. The runs will have a set pace and new women members will be able to attend these runs and socials. There will be space for five male guests, on a first-come, first-served basis.

There will also be an actual card send by post to all women members of the Club in regards to this series of runs and socials, with the dates, inviting them to participate.

General recommendation to insert all running and social events on the Club Calendar as soon as possible, in order to make everyone aware of all activities and thus avoiding an eventual clashing of events.

DB will liaise and collaborate with MC, mainly to assist in setting the page with Outsavvy, an LGBT+ platform to events, which may be used for creating tickets for the above social.

Pride Briefing update.

We have had a number of guidance notes in regards to walking groups, in particular about the wrist bands, as each participant must wear an accredited wristband. We have the responsibility to collect the wristbands before the parade and to distribute them to our group. LFR have been allocated 80 wristbands for this year's march, of which 20 will be reserved for women. A link to the booking system for wristbands will be sent out to membership in due course.

We have also particular instructions in regards to time-slots as we must arrive at the parade entry point in an allocated time window and we also have a specific place allocated in the parade. As last year we were quite at the beginning, in Group A, this year we are very possibly going to be near the end. Neither stickers nor confetti are allowed to be distributed or thrown around.

Leon Clement needs to be contacted in regards to the Club banners and there have to be located all Club flagpoles and banners, both new and old ones.

More information and guidance notes will be send out closer to the date to all those who will be able to secure a post and a wristband at Pride.

Brief update about the Club's Triathlon suits.

**DB**

The Post Pride Social will be held at The Crown and The Two Chairmen, in Soho, starting from around 4.00 pm

Before that there is the LFR Summer Party, which will be a picnic taking place on Saturday the 23<sup>rd</sup> of June, at 2.00 pm, in Hampstead Heath. The picnic spot will be chosen in a way that it will be more or

less equidistant to both the Men's and Women's Pond. There have been also a number of other activities scheduled for the day, mostly rounders, as to keep membership entertained.

The Social Secretaries have been considering to use the Retro Bar for the Pride Run after-the-after-party social, on Saturday the 11<sup>th</sup> of August.

They have also been liaising with MS, who works as Sales Executive and Marketing Assistant, in order to be able to locate venues for the next Club events and socials.

The date has been set for the Club's Christmas Dinner and social event as Saturday the 8<sup>th</sup> of December.

Suggestion to invite members from the International Trip Committee to one of the RCM, preparing a number of questions beforehand, which they will be invited to provide some information.

### **JR and AR**

Registrations for the Bridges Relay have been now closed, with LFR having currently 5 mixed teams of 4 runners each and 3 women's teams of 3 runners each. There is a reserve list in place for eventual dropouts and changes on the day. There will be no coaching session on Wednesday the 20<sup>th</sup> and members have been suggesting The Three Stags for the post-race dinner.

Report and update on ParkRun of the month, with the 14<sup>th</sup> of July and the 18<sup>th</sup> of August as suggested dates for the respective ParkRuns, of which the locations will be conformed closer to the dates.

As the Race Secretaries have been receiving race results from persons who are currently not members, they should reply reminding them that their registration needs to be renewed.

### **CBP**

Wednesday venue and feedback relative to the table's layout and the quality/quantity of food. Alternative options.

Discussion on Monday Bank Holiday runs. Presentation of pros and contras. After voting on the motion Committee decides to abolish the Bank Holiday Monday runs for the future. In regards to the August Bank Holiday, there will come out an e-bulletin notification, around two weeks in advance, informing membership that there will not be any Club run on that Bank holiday, and encouraging them to do a run on their own instead.

Discussion relative to the new Club website.

Request of feedback and reminder to send to JR all relevant updates. Committee members are warmly encouraged to please check through various pages of the website ([dev.londonfrontrunners.org](http://dev.londonfrontrunners.org)) and to note down all errors, which are to send to JR afterwards, so that the pages may be updated.

Suggestion to bring a laptop at the next RCM, as to be able to go through various parts of the website's content.

Discussions in regards to the date, set as deadline for the new website to go live, with the Pride date 7<sup>th</sup> of July being the date on which the new website will become active.

## **KF**

Discussion inspired by the card send out by Leeds FR and the need to reach out to other FR UK based groups. Collaboration with other FR groups, endorsing running and/or racing events. Regardless of whether there is promotion of such events, membership will have to make their own decisions on whether to attend or not.

## **KF and JK**

Update on meeting with Westminster Borough.

Membership cards, negotiations and suggestions of different payment methods to the ones proposed by EM and SL.

Discussion relevant to the financial aspect and the cost of potential change of venues. Sources from which some extra funds may be provided for, simply by cutting or reducing certain Club expenditures (contribution to the travel expenses to the South of England Cross Country race, partial subvention of the track-training which took place in Battersea Park, reduction of the financial aid to Pride Run from £1000 to £600 etc.)

Discussion on the potential increase of runners on a Thursday and suggestion of measures on how to keep numbers at the desired level, since the very beginning and before they could potentially escalate, preventing an uncontrollable and unpleasant situation which could lead to the same undesirable result, as with the two previous venues.

Plan A, Plan B and Contingency plan.

Number of suggestions for KF and JM, to include in the relevant email.

Next RCM will take place on the 3<sup>rd</sup> of July.

## **Action Points**

MC is kindly requested to please incorporate suggestions relative to the FB set-responses on the not admitted postings.

JK is kindly requested to please share with the rest of Committee members the final approved draft of the Non Binary Guidelines for Road Race organisers.

SM is kindly requested to please provide the statistics relevant to membership numbers, as compared to the same period in 2017.

All Committee members are kindly requested to provide comments and feedback on the new Club website.

9.35 pm.