

**LFR Regular Committee Meeting
Tuesday 5th March 2019**

Co-Presidents: Kirsty Fitzgerald (KF) and Jamie Keenan (JK)
Club Secretary: Christos Bitzis-Politis (CBP)
Club Treasurer: Warren Swart (WS)
Membership Secretary: Simon Mac (SM)
Races Secretaries: Julia Robinson (JR) and Alex Rendall (AR)
Publicity & Communications Officers: Mary Cormack (MC) and Andrew Corti (AC)
Social Secretaries: Daniel Brittle (DB) and Waldo Miguez (WM)
Coaching Team Coordinator: Adrian Mark (AM)

Agenda Items

Club Treasurer

Financial Update, based on relative Financial Reports circulated previously to Committee

Data Protection (WS)

Races Update (RS)

Club Championship Review Document (AR)

Publicity Update (P&C O)

1. Feedback from Out for Sport disability inclusion session

2. LB Newham QEOP 10k proposal (AC)

Social Calendar update (SS)

Membership Update (MS)

Club Secretary

1. AGM

2. Post Big Half LFR Brunch Buffet

3. Committee Farewell Dinner

AOB

Chair: KF

Apologies: WM, AM, MC

Minutes: CBP

Race Secretaries Update

We have finally managed to assemble a team for the Regnar Relay, as we have currently 11 members who have committed in doing it, plus another runners as reserve, which is always very good to have. The whole subject has already been communicated to the person who is in charge of the organisation of the Relay and who had generously offered us this great opportunity, of registering a team for the event for free, and we are currently waiting for their confirmation. In the LFR Regnar Team, six of the participants are women, so we are all expecting this event with great excitement.

RS have already send round the document with the proposal for the review of the Club championships. The document is more or less a summary of the process which was undertaken in order to bring forward and conduct the review, a number of recommendations together with what was discussed during the last RCM. Moreover it offers in points the proposals for the new awards. This is a subject which will be taken into consideration by the next committee, as there is no time to possibly implement anything at this moment, and it will be for them to decide on how to proceed. It is important to include it in the agenda for the new Club Year, and there are certain parts which are action points for the new Club Year and which need to be actioned.

Action Point to be taken:

RS are requested to please re-send the document to the new Club Committee, to be presented and discussed at the first RCM of the new Committee.

CBP is requested to please send the new CS as reminder as to include the above as an agenda item in the Agenda of the new Club Year.

Some further consideration and thinking has to be put into place, and obviously there is needs to be a bit of further work around the GDPR, having to ask members for their consent. It is not as problematic for new members who will be registering with LFR in the near future, as the only thing which needs to be done is to ask them and of course it needs to be implemented, though it will be more complicated having to go back to already registered members, when many of them do not even take the trouble to inform of any changes in their data, such as changes of home address, etc.

There have also been a number of responses from members, sending their race results from non LFR races, we have had more or less about twenty members sending us their results. We don't really know how this number compares with last year, the positive thing is that by suggesting members to send their race results, it might encourage members further for next year, to become a more active part of the Club Championships on one hand, on the other hand to do more races in general.

Club Treasurer

Update relative to the Club Budget.

The Membership Fees for the new Club Year have been updated on WebCollect, the same applies to what has been decided in regards to the Club vest. It has been considered to have something relative written in regards to the increase, regardless of it being minimal, so that membership are aware of this beforehand.

Discussions over the current Club Committee Farewell Dinner. The budget has been decided as £24 per person.

There is also a slight increase towards the MS postage fees. SM suggests that what will be accompanying the Welcome Letter to each new registration shouldn't and probably isn't going to be sweets as last year, though something lighter in weight and flat, as to be able to fit it into the right size of envelope.

The Club's budget for the Christmas gifts has had a slight increase, as well, whereas the CT has been able to set aside £200 to be used in the new Club Year for the suggested Club Championships new awards, thus allowing us to spend on each of them around £60.

Discussion relative to the Club vests and to the number of vests which has been sold during the period 1st march of the previous year to the 28th of February of this year.

The CT is planning to have the Club's Annual Financial Accounts to be distributed to members a week before the AGM.

Discussion relative to Web Collect and to the member's preferences and option relative to the Data Protection. There are currently three existent fills on Web Collect, one is for media publication, one is enquiring whether they wish to appear on the Club's Membership List, list such as the ones we habitually use on a Monday evening, and also whether they want to have their name appearing on the weekly e-bulletin. When we are publishing the e-bulletin, we should be extremely aware and equally careful of whose name we are publishing. When group photos are taken, one needs to ask members in advance of whether they want to be included in the photo, otherwise they have to be politely asked to momentarily step aside. Now there is a fourth fill relative to the email subscription.

And as mentioned earlier, this is a subject which is unproblematic for all new members, though we can't add a fill for members renewing their membership.

The document containing all the names of members who have opted out needs to be considered and handled with great delicacy and discretion. This is a document which should also be shared with Committee members as to share vital information among Committee members though also among Club volunteers, who in their roles would normally have to send out publications of names, such as the Club Secretary, the Cross Country Captains, etc.

Committee members definitely need to be aware of this document, so we will just have to send a reminder, as to the Data Protection documents as well. The LFR Data Protection Officer is the Club's membership secretary, SM. Members should

also become very much aware of the fact that by joining LFR, then they will be also joining England Athletics, so their data will be sent to and shared with EA.

In consequence to what has been discussed above, the Committee agrees and suggests in having the List with names of people who have opted out to be monitored all the time and updated as often as possible or required.

The CT has also been trying to get rid of certain fields in Web Collect which are not in use anymore. 18 LFR members are also first claim to a different running club.

Social Secretary update

Out for sport, the umbrella organisation for LGBT+ sports in London, are again organising the annual LGBT+ Sports Fair. This will be held on Friday the 26th of April at London South Bank University's Students' Union, the same location as last year, close to Elephant and Castle. LFR have registered to be part of the event and we are currently in the process of looking for a few volunteers from across the Club's membership which will be willing to help staff the LFR stall, doing many attempts to recruit as many LFR as possible.

In regards to the Fair, we will be needing leaflets, the LFR flag and the LFR banner. This is the Friday before the London Marathon on Sunday.

After the Marathon we are going to organise the LFR London Marathon Social, and this year there is going to be definitely the need for a microphone.

The LFR London Marathon Trophies are currently held by KH and RW.

Spinder is a new spinning-based fitness group, targeted towards the LGBT+ and gay-friendly community. It has been founded by an LGBT+ fitness coach, with a strong emphasis placed on creating a social, welcoming environment for those with any level of fitness to attend. We will enquire to have an exclusive LFR Spinder Class, on a Friday, and as the classes are taking place close to The Cock Tavern, the gay bar in Kennington Road, we were contemplating on having an extra LFR social event after the Spinder class.

SS will ask whether it is possible to have a discount and DB will follow that up.

There has been received a nomination by an LFR woman who has volunteered herself for the position of female Social Secretary

P& C Officers update

The P&C Officers with the female Co-President will communicate for the call out and will coordinate the volunteers for the OFS Sports Fair In regards to London Pride there needs to be send an email so that LFR will not miss out, with the closing date being Sunday the 17th March.

The current Club Committee votes in regards to payment for the registration fee to participate at London Pride 2019.

Committee votes positively and the payment for the London Pride registration fee is approved.

It will be for the new Club Committee to think about the logistics and organise the LFR participation at the London Pride.

Feedback from the Out For Sport disability inclusion session.

Running is a completely doable sport for persons with special disabilities though it depends entirely on how welcoming are we as a club to people with disabilities, and how may we improve. The fact remains that until a member though feel themselves comfortable and open as to communicate this, neither the Club Committee nor membership are in a position to know what their disability is. As an example to keep in mind, it would be good to know beforehand whether our changing facilities are accessible to those with a disability.

The above needs to be clearly phrased and stated, so that those who have a disability feel open as to communicate it. There also needs to be something relevant on the LFR website, something along the lines of : “If you have a disability, please let us know, so that we may accommodate you”. Such a statement does not currently exist on the LFR website, so it needs to be please added.

It could also prove practical and extremely useful to look at other LGBT+ club’s websites and check whether there are certain subjects which it might be extremely useful to have.

On that same evening there was also present an expert on mental health, and the exact same principles apply on the subject of mental health: being welcoming to everyone though especially to new members, being understanding of the specific needs everyone has, etc.

It would prove very useful to look into the subject, and especially in regards to new members, asking them again, if you have any special requirements, please let us know, as to get to know in a more precise way what they want and/or need.

Anything that we are able to accommodate as a running club, needs to be inserted and prominently displayed on the website, as to encourage people to let us know, so that we may in consequence be aware of it.

The same applies to the Pride run 10K Run, as through their website it needs to come forward and make runners aware that we need to be and are accessible to everyone that has disabilities.

Discussions on organising an LGBT+ Olympic 10K Run in July, which is also Pride Month, shortly before the Pride 10K and after the GBR, also as a potential to establish a link with the Borough of Newham.

Membership update

Record numbers for this year, as we have currently 558 members, which is by four members more than we had last year. 91 % male, 9% female, the number of females is not going down, it is simply that we have many more male members, and we have two more woman than last year, record number of women! New members, are $\frac{1}{4}$ this year, it's slightly up, we have 74% of members being members who have renewed from last year and 26% who are all new members.

In regards to renewals for the new Club Year, there stills needs to be added the GDPR part, and in terms of E-bulletin, when it comes to renewal of memberships, there is going to be a link to WebCollect, which will be relative to this renewal. WebCollect generates it's own formal letter, and the Membership Secretary creates the LFR one, and once the GDPR part is on, then we can get it out on Friday.

Update relative to MyCrew

They are currently writing some instructions for LFR and the App is good to go, we are gong to have a tester on Thursday, which will offer us the opportunity to update our club numbers.

Club secretary

AGM, update

Post Big Half LFR Brunch Buffet, update

Committee Farewell Dinner, CS is kindly requested to send out the results from the Doodle Poll after having chosen the date and suggested the venue.

AOB

Discussion on the Pride 10K