



LFR Victoria Park Run Risk Assessment

Important Notes

The run generally sticks to the main paths around the parks which are wide and in good condition, and hence low risk. The run is taking place on a weekend morning hence light is not an issue. The extension through QEOP contains a short distance along road pavements in a residential area between QEOP and Victoria Park however traffic is generally light and visibility good.

Please bear in mind that Victoria Park & QEOP are also used by numerous other runners and cyclists as well, and it at periods may become extremely busy, so please be mindful of other members of the public.

The Highway Code should be respected at all times and your running should not disrupt the harmony of community life nor any of the activities taking place in the park.

Date	Assessed by	Location	Date of next review
September 2020	LFR Co-Presidents (KFP & JK), LFR Secretary (CBP)	Victoria Park	September 2021 (or whenever deemed as necessary prior to this date)
October 2020	LFR Publicity and Comms Officer (ADC)	Run extension through QEOP	As above

Link to full map:

Hazard or potential hazard (including location)	Who is at risk and how might they be harmed?	What precautions has the Club taken to reduce the risk?	Risk level (High, Medium or Low)	What additional action can the Club take to control the potential hazard and reduce the risk?	Who will do this and by when? (Tick when complete)

<p>1 Bonner Gate Entrance & Crown Gate (East) / The Pavilion This point tends to be very busy of people at all times</p>	<p>Runners could potentially come into contact with a cyclist, a pedestrian and/or another runner</p>	<p>A map indicating this specific point has been published alongside the present Risk Assessment on the Club website.</p>	<p>Low</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to be aware of cyclists, pedestrians and other runners when running in paths shared by others</p>	<p>Completed</p>
<p>2 Crossing of Grove Road (Diamond Jubilee Gate East and West) Pedestrian zebra crossing, normal traffic of vehicles (cars, buses and cycles), with an adequate amount of visibility on both sides</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of Victoria Park has been published alongside the present Risk Assessment on the Club website.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>
<p>3 Crossing of Grove Road (Royal Gate East and West) Pedestrian zebra crossing, normal traffic of vehicles (cars, buses and cycles), with an adequate amount of visibility on both sides</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of Victoria Park has been published alongside the present Risk Assessment on the Club website.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>

EXTENDED RUN:					
<p>4 Canal towpath, Hertford Union Canal Path is narrow especially under the bridges, and shared with pedestrians, cyclists and house boat owners</p>	Runners could potentially come into contact with a cyclist, a pedestrian and/or another runner or fall into the canal	A map indicating this specific point has been published alongside the present Risk Assessment on the Club website.	Medium	A Health and Safety Policy has been developed and published on the Club website noting the need to be aware of cyclists, pedestrians and other runners when running in paths shared by others	Completed
<p>5 Crossing of Westfield Avenue Traffic light controlled crossing, normal traffic of vehicles (cars, buses and cycles), with an adequate amount of visibility on both sides</p>	Runners could come into contact with a moving vehicle	A map indicating this section of QEOP has been published alongside the present Risk Assessment on the Club website.	Medium	A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code	Completed
<p>6 Crossing of slip road from A106 Ruckholt Road to A12 Traffic light controlled crossing, normal one-way traffic of vehicles (cars), with excellent visibility on relevant side</p>	Runners could come into contact with a moving vehicle	A map indicating this section of QEOP has been published alongside the present Risk Assessment on the Club website.	Medium	A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code	Completed

<p>7 Path after the Lee Valley Hockey and Tennis Centre Path runs through official mountain bike (MTB) trails with at least one signed warning of a MTB crossing though usage is very low</p>	<p>Runners could come into contact with a MTB</p>	<p>A map indicating this section of QEOP has been published alongside the present Risk Assessment on the Club website. The risk is officially signed at the relevant location.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to be aware of cyclists, pedestrians and other runners when running in paths shared by others</p>	<p>Completed</p>
<p>8 Crossing of Northwall Road near junction with Temple Mill Lane Road is currently blocked off at the junction with Temple Mill Lane, no traffic can pass</p>	<p>No risk</p>	<p>N/A</p>	<p>Nil</p>	<p>N/A</p>	<p>Completed</p>
<p>9 Crossing of Waterden Road at Copper Box Pedestrian zebra crossing, normal traffic of vehicles (cars, buses and cycles), with excellent visibility on both sides</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of QEOP has been published alongside the present Risk Assessment on the Club website.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>

<p>10 Crossing of Copper Street at Copper Box Minimal traffic of vehicles (cars and cycles), with excellent visibility on both sides & raised pavement</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of QEOP has been published alongside the present Risk Assessment on the Club website.</p>	<p>Low</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>
<p>11 Crossing of Berkshire Road / Wallis Road / Edward Road junctions Low volume traffic of vehicles (cars, buses and cycles), with an adequate amount of visibility on both sides</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of Hackney Wick has been published alongside the present Risk Assessment on the Club website.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>
<p>12 Crossing of Rothbury Road at A12 pedestrian overbridge Pedestrian zebra crossing, low volume traffic of vehicles (cars, buses and cycles), with an adequate amount of visibility on both sides</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of Hackney Wick has been published alongside the present Risk Assessment on the Club website.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>



<p>13 Crossing of Cadogan Terrace (Cadogan Gate) Very low volume traffic of vehicles (cars and cycles), with a slightly impaired amount of visibility on both sides</p>	<p>Runners could come into contact with a moving vehicle</p>	<p>A map indicating this section of Victoria Park has been published alongside the present Risk Assessment on the Club website.</p>	<p>Medium</p>	<p>A Health and Safety Policy has been developed and published on the Club website noting the need to take great caution when crossing roads, especially when running in groups and to always follow the Highway Code</p>	<p>Completed</p>
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Map of Victoria Park indicating the route used during the normal LFR run





Map of Victoria Park and the Queen Elizabeth Olympic Park indicating the route used for the extended LFR run with risk locations

