



## LFR Monday Run Risk Assessment

### Important Notes

**During the winter months it becomes very dark and due to the weather there is poor visibility, in general. LFR would strongly advise all members and new runners to familiarise themselves beforehand with all Club routes and previous to each run, to preferably run in the company of another LFR runner or in a small group, to carry their cell-phones on their person, to avoid loud music while running, to wear brightly coloured and/or reflective/high visibility running gear, to carry torches and/or wear head/breast-torches, and in general to remain alert of their surroundings at all times.**

**Public lighting in Battersea Park is concentrated along the main pathways, so please stick to the LFR designated routes. Please bear in mind that rain, mud and leaves on the ground may make surfaces very slippery. In addition to potential hazards of running in the dark, please be aware of uneven surfaces and holes when running inside Battersea Park.**

**Battersea Park becomes very busy during the summer months and the London Sri Chinmoy race series are held in Battersea Park on a weekly basis and on a Monday evening, from May to August. Last but not least, the Highway Code should be respected at all times and your running should not disrupt the stability and peace of community life nor any of the activities taking place in the park.**

|               | Assessed by              | Location                                                                | Date of next review                                                   |
|---------------|--------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------|
| November 2021 | LFR Club Secretary (CBP) | Elephant & Castle to Battersea Park and back, via Lambeth, Vauxhall and | November 2023<br>(or whenever deemed as necessary prior to this date) |

Link to full map: <https://www.google.com/maps/d/viewer?mid=115GsEyyD9ISjWQbKJbLkUqaC1DE>

| Hazard or potential hazard (including location)                                                                              | Who is at risk and how might they be harmed?                                                           | What precautions has the Club taken to reduce the risk?                                                                                                                       | Risk level (High, Medium or Low) | What additional action can the Club take to control the potential hazard and reduce the risk?                                                                                                                  | Who will do this and by when? (Tick when complete) |
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| <p><b>Cycle Lane</b><br/>At the backside of The Castle Centre, cycle lane leading into Saint Gabriel's Walk</p>              | <p>Runners could potentially come into contact with a cyclist turning into the cycle lane</p>          | <p>Besides verbally alerting runners, a map indicating this precise spot has been created and been made public on the Club website, alongside the present Risk Assessment</p> | <p>Medium</p>                    | <p>A Health and Safety Policy has been developed and made available to all LFR members through the Club website, noting the need to take caution when running along roads which intersect with side roads.</p> | <p>Completed</p>                                   |
| <p><b>Brook Drive</b><br/>Along Brook Drive there are various junctions with side roads with vehicles driving in or out.</p> | <p>Runners could potentially come into contact with a vehicle driving in or out of the side roads.</p> | <p>A map indicating the route of this run and the various side roads has been created and been made public on the Club website, additionally to this Risk Assessment</p>      | <p>Medium</p>                    | <p>A Health and Safety Policy has been developed and made available to all LFR members through the Club website, noting the need to take caution when running along roads which intersect with side roads.</p> | <p>Completed</p>                                   |

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| <p><b>Intersection at Brook Drive and Kennington Road</b><br/>(no traffic lights provided)</p>                                    | <p>Runners will need to cross the road as to enter the Geraldine Mary Harmsworth Park and could thus potentially come into contact with a vehicle</p> | <p>A map indicating this precise spot on the route of this run has been created and been made public on the Club website, in addition to this Risk Assessment</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made available to all LFR members through the Club website, noting the need to individually and collectively take caution when crossing roads</p> | <p>Completed</p> |
| <p><b>The intersection at Lambeth Road and Kennington Road</b><br/>(provided with traffic lights)</p>                             | <p>Runners will need to cross the road and could potentially come into contact with a vehicle.</p>                                                    | <p>Runners need to be compliant to existing pedestrian regulations and cross the road following the existing traffic-light indications</p>                        | <p>Low</p>    | <p>A Health and Safety Policy has been developed and made available to all LFR members through the Club website, noting the need to take caution when crossing roads</p>                               | <p>Completed</p> |
| <p><b>Lambeth Road</b><br/>Along Lambeth Road there are a number of junctions with side roads where vehicles drive in or out.</p> | <p>Runners could potentially come into contact with a vehicle driving in or out of the side roads.</p>                                                | <p>A detailed map indicating these side-roads has been published alongside the present Risk Assessment on the Club website.</p>                                   | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website, noting the need to take caution when running along side-roads</p>                                                  | <p>Completed</p> |

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| <p><b>The intersection at Lambeth Road and Sail Street</b> (neither traffic lights nor pedestrian crossing provided)</p> | <p>Runners will need to cross the road and could potentially come into contact with a vehicle.</p> | <p>A map indicating this crossing has been made public alongside the present Risk Assessment on the Club website.</p>          | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to follow the existing pedestrian regulations</p> | <p>Completed</p> |
| <p><b>The intersection at Lambeth Road and Pratt Walk</b> (neither traffic lights nor pedestrian crossing provided)</p>  | <p>Runners will need to cross the road and could potentially come into contact with a vehicle.</p> | <p>A map indicating this crossing has been made public alongside the present Risk Assessment on the Club website.</p>          | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to follow the existing pedestrian regulations</p> | <p>Completed</p> |
| <p><b>The intersection at Lambeth Road and Lambeth High Street</b> (neither traffic lights nor pedestrian crossing)</p>  | <p>Runners will need to cross the road and could potentially come into contact with a vehicle.</p> | <p>A map indicating this crossing has been made public alongside the present Risk Assessment on the Club website.</p>          | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to follow the existing pedestrian regulations</p> | <p>Completed</p> |
| <p><b>The roundabout to the Albert Embankment</b> (provided with traffic lights)</p>                                     | <p>Runners will need to cross the road and could come into contact with a passing vehicle.</p>     | <p>A map indicating the roundabout and the crossing has been published alongside this Risk Assessment on the Club website.</p> | <p>Low</p>    | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads.</p>                                                  | <p>Completed</p> |

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| <p><b>The path along the River Thames parallel to Albert Embankment</b><br/>The Albert Embankment pavement along the Thames becomes narrow and it is usually busy by crowds of tourists and other passersby. The bus shelter near the Tamesis Dock (Stop SM, Salamanca Street) in particular makes it difficult to see people coming the</p> | <p>Runners could come into collision with pedestrians or other runners.</p> | <p>A map indicating the narrow section has been published alongside this Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to always remain alert and especially be aware of pedestrians and other runners.</p>     | <p>Completed</p> |
| <p><b>A tight blind spot just after the corner of the MI6 Headquarters</b></p>                                                                                                                                                                                                                                                               | <p>Runners could come into collision with pedestrians or other runners.</p> | <p>A map indicating the blind spot has been published alongside this Risk Assessment on the Club website.</p>     | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to be aware when running round tight corners, as well as of pedestrians and runners.</p> | <p>Completed</p> |

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| <p><b>Crossing Vauxhall Bridge</b><br/>There is a pedestrian “zebra” crossing across the existing cycle lane.<br/>The final crossing point is a light-controlled Toucan crossing which allows cyclists and pedestrians to share crossing space and cross at the same ..</p> | <p>Runners could come into collision with pedestrians or other runners, and with cyclists as well, as this is a busy cycle crossing.</p>                    | <p>A map indicating this specific spot has been published alongside this Risk Assessment on the Club website.</p>                   | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads as well as to be aware of pedestrians and other runners.<br/>When on the traffic island in the middle of the crossing, please cross based on the indications provided by the traffic lights.</p> | <p>Completed</p> |
| <p><b>Vauxhall Bridge</b><br/>Vauxhall Bridge is usually busy and the footpath along the left-hand side of the bridge is very narrow.</p>                                                                                                                                   | <p>Runners could come into collision with pedestrians or other runners</p>                                                                                  | <p>A map indicating the narrow pavement along the bridge has been published alongside this Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made public on the Club website noting the need to be aware of pedestrians and other runners.</p>                                                                                                                                                                                  | <p>Completed</p> |
| <p><b>The bike rack and the bus stop shelter where Vauxhall Bridge meets Grosvenor Road (Bus Stop X, Vauxhall Bridge Millbank)</b></p>                                                                                                                                      | <p>The pavement becomes narrow and runners could come into collision with the bike racks, people waiting at the bus stop, pedestrians or other runners.</p> | <p>A map indicating the bike rack has been published alongside this Risk Assessment on the Club website.</p>                        | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to always remain alert while running and to be aware of pedestrians and other runners.</p>                                                                                                                                           | <p>Completed</p> |

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| <p><b>Shell petrol station along Grosvenor Road</b><br/>There are two points (entrance-exit) where cars drive in and out of the petrol station.</p> | <p>Runners will need to run by these two openings and could potentially come into contact with a vehicle entering or exiting the petrol station</p> | <p>A map specifically indicating these two points has been made public alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made public on the Club website, noting the need to take caution when crossing such points</p>      | <p>Completed</p> |
| <p><b>Cycle lane on the left hand side of the pavement and all along the route until Chelsea Bridge</b></p>                                         | <p>Runners might become unaware of the cyclists on their left and could come into collision with a cyclist</p>                                      | <p>A map specifically indicating this cycle lane has been made public alongside the present Risk Assessment on the Club website.</p>  | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made public on the Club website, noting the need to take caution when running along cycle lanes</p> | <p>Completed</p> |
| <p><b>Staircase on Chelsea Bridge Road leading to Battersea Park</b></p>                                                                            | <p>The staircase is not ergonomically designed and runners could trip or fall whilst running up or down the stairs.</p>                             | <p>A map indicating the stairs has been published alongside this Risk Assessment on the Club website.</p>                             | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when running up or down stairs.</p>   | <p>Completed</p> |

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| <p><b>Blind spot before and after the under-passage leading into Battersea Park</b></p>                                                      | <p>Runners could come into collision with pedestrians or other runners</p>                                              | <p>A map specifically indicating this bridge under-passage has been made public alongside the present Risk Assessment on the Club website.</p> | <p>Low</p>    | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to be aware of pedestrians and other runners.</p>                                                                                                                        | <p>Completed</p> |
| <p><b>The north west part of Battersea Park, immediately to the left after reaching Albert Bridge, with insufficient public lighting</b></p> | <p>When running in the dark, runners could come into collision with pedestrians or other runners.</p>                   | <p>A map indicating this dark section of the park has been published alongside the present Risk Assessment on the Club website.</p>            | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to wear high visibility clothing and to remain alert when running in darkness. It has also been suggested to runners to carry light-torches during the winter months</p> | <p>Completed</p> |
| <p><b>Crossing of Carriage Drive North, at the point of Albert Bridge Road Gate</b></p>                                                      | <p>Runners could potentially come into contact with a moving vehicle. Cyclists are also very often using this exit.</p> | <p>A map indicating this crossing has been published alongside the present Risk Assessment on the Club website.</p>                            | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made public on the Club website, noting the need to always remain alert while running and to take caution when crossing such points</p>                                                                                | <p>Completed</p> |





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| <p><b>Crossing of Carriage Drive South, at the point of Queen's Circus</b> (very short section, where vehicles are allowed inside the park)</p> | <p>Runners could potentially come into contact with a moving vehicle</p> | <p>A map indicating this crossing has been published alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made public on the Club website, noting the need to take caution when crossing such points</p> | <p>Completed</p> |
| <p><b>Intersection of Carriage Drive east and Carriage Drive North</b> (no traffic lights provided)</p>                                         | <p>Runners could potentially come into contact with a moving vehicle</p> | <p>A map indicating this crossing has been published alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and made public on the Club website, noting the need to take caution when crossing such points</p> | <p>Completed</p> |

# London FRONTRUNNERS

