



LFR Saturday Hyde Park Run Risk Assessment

Important Notes

LFR would strongly advise membership and new runners to please familiarise themselves with all Club routes before each of the runs, to preferably run together with another LFR runner or in a group, to carry their cell-phones on their person, to avoid listening to loud music while running, to wear brightly coloured and/or reflective running kit, to accessorise with high visibility gear when necessary, to carry torches and/or wear head/breast-torches, and in general to remain alert at all times.

Please bear in mind that rain, mud and leaves on the ground may make surfaces very slippery. In addition to the eventual hazards of running within a park that can be very busy during daytime, such as only Hyde Park can be at times, when please be also aware of all uneven surfaces and potholes.

Hyde Park happens to be the preferred venue for a number of races, thus please be aware of other runners during such running events. When running around the Serpentine please be aware of the numerous waterfowl that populate certain areas close to the edge of the lake.

Please be mindful that from around the second half of November to more or less the 10th of January, parts of Hyde Park may become extremely busy, due to the annual event of Winter Wonderland.

The Highway Code should be respected at all times and your running should not disrupt the harmony of community life nor any of the activities taking place in the park.

| Date | Assessed by | Location | Date of next review |
|--------------|--------------------------|--|---|
| January 2022 | LFR Club Secretary (CBP) | Seymour Leisure Centre to Hyde Park and back | February 2024 (or whenever deemed as necessary prior to this date) |

Link to full map: www.mapometer.com/running/route_4788115.html

| Hazard or potential hazard (including location) | Who is at risk and how might they be harmed? | What precautions has the Club taken to reduce the risk? | Risk level (High, Medium or Low) | What additional action can the Club take to control the potential hazard and reduce the risk? | Who will do this and by when? (Tick when complete) |
|---|--|--|---|---|---|
| <p>Seymour Place Along Seymour Place there are various junctions with side roads where vehicles drive in or out.</p> | <p>Runners could potentially come into contact with a vehicle driving in or out of these side roads.</p> | <p>A map indicating the side roads has been published alongside this Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code</p> | <p>Completed</p> |
| <p>Intersection of Seymour Place and Bryanston Place</p> | <p>Runners could potentially come into contact with a moving vehicle</p> | <p>A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code</p> | <p>Completed</p> |

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|--|---|---|----------------------------------|--|--|
| Intersection of Seymour Place and Harrowby Street | Runners could potentially come into contact with a moving vehicle | A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website. | Medium | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |
| Intersection of Seymour Place and Nutford Place | Runners could potentially come into contact with a moving vehicle | A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website. | Medium | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |
| Intersection of Seymour Place and George Street | Runners could potentially come into contact with a moving vehicle | A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website. | Medium | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |

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| <p>The intersection at Seymour Place and Upper Berkeley Street</p> | <p>Runners could potentially come into contact with a moving vehicle</p> | <p>A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code</p> | <p>Completed</p> |
| <p>The intersection at Seymour Place and Hampden Gurney Street Hampden Gurney Street is rather narrow and very easy to miss but often used by vehicles</p> | <p>Runners could potentially come into contact with a moving vehicle</p> | <p>A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website.</p> | | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code</p> | |
| <p>Seymour Place turning into Seymour Street There are traffic lights for crossing from the right-hand side pavement to the left-hand side pavement of Seymour Street</p> | <p>Runners could come into contact with a moving vehicle</p> | <p>A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website.</p> | | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code</p> | |

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|---|---|---|----------------------------------|--|--|
| <p>Crossing of Edgware Road The crossing is facilitated by the existence of traffic lights and by a traffic island in the middle of Edgware Road</p> | Runners will need to cross the road and could potentially come into contact with a moving vehicle | A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website. | Medium | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |
| <p>Seymour Street (section between Edgware Road and Connaught Square) This short section becomes quite busy both by cars and bicycles</p> | | | | | |
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| Junction of Stanhope Place and Connaught Place This is on the left hand-side of Stanhope Place and although small and easily missed, vehicles do use it from time to time | Runners could potentially come into contact with a moving vehicle | A map indicating these intersections has been published alongside the present Risk Assessment on the Club website. | Low | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |
| The intersection at Stanhope Place and Connaught Place | Runners will need to cross the road (with traffic signals) and could potentially come into contact with a moving vehicle | A map indicating this specific intersection has been published alongside the present Risk Assessment on the Club website. | Medium | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |
| Crossing Bayswater Road (provided by traffic lights) | Runners could potentially come into contact with a moving vehicle | A map indicating this specific crossing has been published alongside the present Risk Assessment on the Club website. | Low | A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always comply with rules provided by the Highway Code | Completed |
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| <p>Path between Bayswater Road and North Carriage Drive. The path is shared by pedestrians and is parallel to the cycle lane</p> | <p>Runners could come into collision with pedestrians or other runners, and with cyclist as well, as this is a busy cycle crossing</p> | <p>A map indicating this section of Hyde Park has been published alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to be aware of pedestrians and other runners when running in paths shared by others</p> | <p>Completed</p> |
| <p>Crossing of North Carriage Drive There is normally very limited traffic and an appropriate amount of visibility on both sides</p> | <p>Runners could come into contact with a coming vehicle</p> | <p>A map indicating this specific crossing has been published alongside the present Risk Assessment on the Club website.</p> | <p>Low</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads.</p> | <p>Completed</p> |

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| <p>Running along the North Carriage Drive This part becomes quite busy and in addition sections of this route may accumulate mud, leaves and puddles after rain.</p> | <p>While running runners could come into collision with pedestrians or other runners. Due to the nature of the terrain, parts of the route could be muddy and/or slippery</p> | <p>A map indicating this section of Hyde Park has been published alongside the present Risk Assessment on the Club website.</p> | <p>Low</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to remain alert while running and to always be mindful of pedestrians and other runners.</p> | <p>Completed</p> |
| <p>Crossing at the intersection of North Carriage Drive and West Carriage Drive, into the Italian Gardens (crossing not provided by traffic lights)</p> | <p>Runners could potentially come into contact with a vehicle</p> | <p>A map indicating this crossing has been published alongside the present Risk Assessment on the Club website.</p> | <p>Medium</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads. LFR would strongly recommend an alternative route, using a path further to the left, which crosses over the West Carriage Drive and offers better visibility on both sides of the road</p> | <p>Completed</p> |

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|---|---|---|----------------------------------|--|--|
| <p>Crossing at the intersection of West Carriage Drive and South Carriage Drive, shortly after the Albert Memorial (crossing provided by traffic lights)</p> | <p>Runners could potentially come into contact with a vehicle</p> | <p>A map indicating this crossing has been published alongside the present Risk Assessment on the Club website.</p> | <p>Low</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when crossing roads and to always follow the Highway Code</p> | <p>Completed</p> |
| <p>South Carriage Drive corner Access into the gardens is provided by a narrow passage, enclosed by shrubbery on either sides; this passage then immediately opens out into the adjacent cycle lane, which has hitherto remained completely obscured by the hedges</p> | <p>While running runners could come into collision with pedestrians or other runners and with oncoming cyclists</p> | <p>A map indicating this section of Hyde Park has been published alongside the present Risk Assessment on the Club website.</p> | <p>Low</p> | <p>A Health and Safety Policy has been developed and published on the Club website noting the need to take caution when running and to always follow the Highway Code</p> | <p>Completed</p> |

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