LFR
Regular Committee Meeting

Co-Presidents: Geoff Hicks (GH) and Wojciech Panków (WP)
Club Secretary: Christos Bitzis-Politis (CBP)
Club Treasurer: Derwin Brennan (DB)
Membership Secretary: Gwen Wright (GW)
Races Secretary: Marius Thies (MT)
Publicity & Communications Secretary: Craig Munn (CM)
Social Secretary: Mark Randall (MR)
Operations Secretary: Matt Hunter (MH)
Triathlon Secretary: Ben Humphrys (BH)

Monday 20th July 2026
RCM Agenda

Co-Presidents
Diversity & Inclusion Updates
Pride Run 10K Gus Levy Replacement Trophy.
James Herriot Races funding consideration

Financial Updates (CT)

Races Updates (RS)

Triathlon Updates (TS)

Publicity Updates (P&C S)

Social Activities Update (SS)
The 2026 LFR Christmas Party

Operations Secretary (OS)

Membership Update (MS)

Club Secretary

AOB

Chair: GH
Minutes: CBP
Apologies: GW, BH

Co-Presidents

Diversity & Inclusion Updates

The Co-Presidents noted with considerable encouragement the significant increase in enquiries received through the Club's info inbox in recent weeks, as a substantial number of new runners and thus prospective members have contacted the Club seeking information about its activities, reflecting a healthy and growing interest in LFR.

In light of this increasing interest in visibility, WP considered the value of developing new collaborations that would further enhance the Club's profile while reinforcing its commitment to diversity, inclusion and community engagement. An first initial approach has already been received from Nike, whose Marketing Director has contacted the Club regarding a potential collaboration to support the initial promotion of a forthcoming book written by one of Nike's Head Coaches. The proposed initiative, centred on running and its inspirational qualities, may involve some promotional activity through the Club's communication channels. The Committee considered that such a collaboration could represent a valuable opportunity to increase the Club's visibility, attract new runners and introduce LFR to a broader and more diverse audience, in addition to exploring whether some benefits could be obtained for the Club in the future, if the collaboration progresses well. It was acknowledged that the nature of any collaboration with Nike remains to be determined, with further discussions expected to establish whether the proposal would consist of a single promotional initiative or develop into a longer-term partnership. The Committee welcomed the opportunity to consider

such collaborations that align with the Club's values whilst contributing positively to its public profile.

Action: WP was requested to kindly provide the Committee with further information regarding this proposed collaboration as discussions with Nike progress and in due course.

The previous discussion also reflected on the exceptionally positive response received following the recent Madonna-themed Thursday run session in Clapham. The enthusiastic feedback demonstrated the appetite amongst members for occasional innovative thematic runs that complement the Club's established programme of weekly runs. It was recognised that introducing varied and engaging initiatives from time to time could further encourage participation, inspire existing members to attend Club sessions more regularly, and enhance the overall running experience. In addition to this, Committee members further agreed that it would be worthwhile to consider how other running clubs successfully encourage participation, foster member engagement and attract new runners. Exploring examples of good practice within the wider running community may provide valuable ideas that could be adapted to suit the LFR character, as such initiatives may also assist the Club in reaching a wider demographic, including women and individuals from a broader range of backgrounds, while strengthening its sense of community and increasing awareness of the Club's identity and brand.

The Committee considered the recent Women's Run of the Month and reflected on the mixed feedback received from participants. It was recognised that the event had been announced at relatively short notice, which was considered a significant factor in the lower level of attendance. It was also noted that a number of female members had been away attending the Valencia Gay Games at the time, further affecting participation. The Committee consequently discussed arrangements for the next Women's Run of the Month, with Greenwich being proposed as the next location and with the event provisionally scheduled for the final Wednesday of July. However, concerns were expressed that the Club might encounter the same difficulties experienced previously, if the event were to proceed with only limited notice; it

was further observed that the proposed date would coincide with the women's coaching session, creating an unnecessary clash within the Club's programme. In view of the above, the Committee therefore considered whether it would be more appropriate to postpone the Women's Run of the Month by one week, noting that there was no particular requirement for the run to take place within July itself if a later date would allow for better planning, clearer communication and improved attendance. It was further confirmed that the Women's Run of the Month is currently organised by GW, who liaises with CM regarding the necessary arrangements. In acknowledging the considerable commitment already undertaken by GW in her capacity as both a Committee member and the Club's principal lead for this initiative, the Committee considered whether the concept might benefit from the involvement of an additional female volunteer to provide support with its organisation and development. Such an arrangement would help distribute the responsibilities more evenly, whilst ensuring the continued growth and sustainability of the Women's Run of the Month.

Action: CM was requested to kindly discuss the proposed timing of the next Women's Run of the Month with GW, along with all the above considerations, and to report back to the Committee with a recommendation.

The Committee also received a very short update from MH relative to the ongoing discussions concerning the possible development of initiatives to support women within the Club. It was agreed that a substantive discussion on the matter would be better deferred until GW is able to be present, given her personal interest and involvement in this area.

The discussion on the support and engagement of women within the Club continued and it was considered that, at the present time, appointing an non-Committee volunteer to undertake a Women's Officer role would represent a very practical and proportionate approach. The Committee recognised that there is scope to strengthen the coordination of women-focused activities and improve internal communication surrounding these initiatives, thereby providing greater continuity and support for members.

Actions: MH was requested to kindly contact GW to discuss the proposed Women's Officer role and the associated responsibilities, and how would this role be communicated to members

CM was requested to liaise with GW regarding both the future scheduling of the Women's Run of the Month and the wider coordination communication of women's initiatives within the Club.

The Committee also discussed matters affecting the Club's trans members. It was noted that a dedicated eBulletin to the EHRC promulgation had recently been circulated to members, to which very little feedback had been received, which was overall regarded as reassuring, suggesting that members felt appropriately informed by the communication.

It was further acknowledged that the legislative position has slightly evolved since the original guidance was issued, and the Committee agreed that ensuring members have access to up-to-date information regarding the facilities and venues used by LFR would be beneficial and may help alleviate any uncertainty or concerns. It was also agreed that there was no immediate need for the Club to initiate discussions with venue providers at this stage. The Committee considered that the position adopted by the Club remains appropriate, as members have been informed of the relevant legal developments, and the Club's published document will be updated accordingly.

Action: MH was requested to kindly liaise with Julia Robinson to ensure that the relevant documentation on the Club website is updated to reflect the current position and the arrangements applicable to the venues used by LFR.

CM reminded the Committee of the forthcoming Trans+ Pride event on Saturday.

Action: CM was requested to liaise with CBP to confirm timings and any outstanding arrangements relating to the Club's participation in Trans+ Pride.

The Committee was informed that the organisers of the forthcoming Parkrun of the Month had not yet confirmed the host venue, despite the event being due to take place on the coming Saturday.

Action: CM was requested to contact the organisers to obtain confirmation of the venue and communicate the details to members as soon as practicable.

Pride Run 10K/ Gus Levy Replacement Trophy

The Committee considered a request, presented by GH on behalf of Dominic Addison, for LFR to fund the replacement of the Gus Levy Trophy, which is awarded annually at the Pride Run 10K to the fastest male and female runners competing in an LFR vest. The cost of replacing the trophy was reported to be approximately £300.

In considering the request, the Committee reaffirmed its willingness to support specific funding applications where there is a clearly identified need and a direct benefit to the Club. It was recognised that, as the trophy celebrates the achievements of LFR members within one of the Club's flagship events, the proposal represented a particularly meaningful and appropriate use of Club funds. The Committee considered that contributing towards a trophy so intrinsically linked to the Club's participation at the Pride Run 10K was of greater value and much more meaningful than making an equivalent unrestricted contribution towards the general costs of the event.

No objections were raised, and the Committee unanimously approved the funding of the replacement trophy.

Action: GH was requested to kindly inform Dominic Addison of the Committee's decision, as per above.

James Herriot Trail Race/ Funding Request

The Committee considered a funding request brought forward by GH following correspondence received from Tim Charters regarding the forthcoming James Herriot Trail Race. The Committee noted that Tim Charters has organised an annual trip to the event for many years, enabling well over one hundred members to participate over the lifetime of the initiative and the trip has consistently been organised with accessibility, affordability and inclusivity in mind. The Committee was informed that two unforeseen circumstances had resulted in additional costs for this year's event. Firstly, the accommodation is

arranged in four-bed dormitories and, in order to ensure the trip remains welcoming and accessible to female members, one room has traditionally been reserved for female participants. Despite extensive efforts to fill the available places through the eBulletin, women's communication channels, coaching groups and direct conversations, two places in the women's room remained unoccupied, resulting in an additional cost of £170. It was acknowledged that reserving accommodation in this manner reflects the Club's commitment to inclusivity and should not be regarded as poor planning or inefficient management. Whilst it was observed that the accommodation arrangements might be reviewed earlier in future years should demand indicate that a different allocation would be appropriate, the Committee recognised that the present situation had arisen despite every reasonable effort having been made to fill the places.

Secondly, the Committee noted that a member who has historically provided transport for the event had recently been advised, for medical reasons, not to drive. This unforeseen change had necessitated the hire of an additional vehicle at short notice, resulting in a further cost of £115. The Committee agreed that this was precisely the type of exceptional and unforeseeable circumstance for which the Club's financial reserves exist.

The Committee further recognised that, were these additional costs not met by the Club, they would ultimately fall upon Tim Charters personally, and it was considered wholly inappropriate that a volunteer, who has devoted many years to organising a successful and valued Club event for the benefit of fellow members, should incur significant personal expense as a consequence of circumstances beyond their control. The Committee reaffirmed its commitment to supporting volunteers wherever reasonably possible and agreed that no volunteer acting on behalf of the Club should be expected to bear such unforeseen costs personally.

No objections were raised, and the Committee unanimously approved funding to meet the additional expenses incurred in organising the 2026 James Herriot Trail Race.

Action: GH was requested to inform Tim Charters of the Committee's decision, as per above.

Financial Updates (CT)

The Committee received the Treasurer's monthly financial report together with the management accounts for the period ending 30 June.

It was reported that the Club's finances remain in a strong and healthy position, with all financial operations continuing to function smoothly. The month had been relatively quiet from a financial perspective, with routine income from membership subscriptions and regular expenditure associated with the Club's ongoing activities and EA affiliations. No significant financial concerns were identified.

The Committee was informed that the Club's total cash reserves stood at £101,749.18, comprising £55,713.15 held in the Current Account, £19,945.63 in the Instant Access Saver, £15,551.24 in the 32 Day Notice Saver, and £10,539.16 in the 95 Day Notice Saver.

Total income received during the month amounted to £4,595.96, whilst total expenditure amounted to £4,394.89, with two significant items of expenditure during the reporting period: £1,471 paid to Kai Konkolewski in respect of accommodation for the Isle of Wight trip, and £943 paid to England Athletics in settlement of the Club's affiliation fees.

The Committee noted the Treasurer's report and warmly thanked them.

Races Updates (RS)

The Committee received the Race Secretary's report and noted with warmth and great interest the continued high level of engagement across the Club's racing calendar.

An update was provided on the Dashing Deer race, for which approximately 50 LFR members had registered and taken part. There was a very positive working relationship established with the event organisers, who had been both supportive and accommodating, and in view of the exceptionally warm weather on the day of the event, the organisers had exercised discretion by waiving entry fees for participants who had withdrawn before midday, a gesture which was greatly appreciated.

The Midsummer Relays had unfortunately been cancelled owing to the extreme weather conditions and it was understood that the organisers intend

to reschedule the event later in the year, subject to calendar availability and more suitable weather conditions.

An update was also received on the forthcoming One Mile Relay, due to take place tomorrow. Whilst a number of last-minute changes to team selections had to take place due to a number of runners dropping out, the Committee was particularly pleased to note that the Club would be fielding two women's teams this year.

The Committee noted the forthcoming Club Championship fixtures, namely the Orion Harriers Forest 5 Mile at Chingford Plain on 1 August, and the Phipps 5K at Barking Park on the August Bank Holiday, 29th of the month and through some relevant communications members were encouraged to continue supporting the Club Championship series throughout the remainder of the season.

The Committee also received an update on preparations for the River Relay, scheduled to take place on 6 September, with a requirement for each team to include at least one woman. The event coincides with The Big Half, with the potential of creating some additional logistical challenges for team selection. Nevertheless, the Committee reaffirmed its strong support for the River Relay, recognising it as having been in the past one of the Club's flagship events, and unanimously agreed that the Club would continue to meet the entry costs for participating teams.

The considerable organisational work required to coordinate the event, including team allocation, transport and logistics, was acknowledged, and the Committee expressed its sincere appreciation to Marius for the efficiency, dedication and professionalism with which the RS responsibilities continue to be undertaken.

An update was also provided regarding the volunteer role of Cross Country Captain, with a draft document outlining the proposed structure and responsibilities has been circulated to the Committee for consideration and has also been published on today’s ebulletin.

The Committee was very grateful that Robert Dufton had very kindly confirmed the allocation of one London Marathon place to the Club for the forthcoming event, and it was further noted that Robert is content for this place to be allocated under the Club's existing London Marathon allocation policy, rather than being reserved specifically for a first-time marathon runner. This was welcomed by the Committee, particularly in light of the exceptionally limited success of Club members in the public ballot this year.

Action: All Committee members were requested to review the draft London Marathon document circulated by Marius, provide comments and suggested amendments, and ensure that it is ready for discussion and approval at the next Committee meeting.

Publicity Updates (P&C S)

The Publicity & Communications Secretary reported that June had proved to be a considerably busier month than initially anticipated, with a sustained programme of events and thus of communications across the Club's various platforms.

The Committee was pleased to note the continued strong performance of the Club's Instagram account throughout June, where reels and posts generated approximately 172,500 views, representing an increase of around 32,000 views compared with May. It was particularly encouraging that 43% of all views originated from non-followers, demonstrating that the Club's content is continuing to reach audiences well beyond its existing membership. The Club's Instagram following has increased to 4,418, representing a further growth of approximately 150 followers during the month, with the objective remaining to reach 5,000 followers before the end of the current club year, a target that is considered well within reach.

Seventeen posts were published during the month, comprising both organic and promoted content. The most successful organic post featured the Valencia Gay Games and attracted in excess of 12,000 views, whilst the promoted interview with Bryan Lip relating to the London Marathon had

exceeded 47,000 views. Overall, the Club's content reached more than 8,000 individual Instagram accounts during June and although this represented a modest decrease compared with the previous month, it was considered these figures to remain exceptionally positive, particularly given the volume and diversity of content published throughout the period.

Coverage of the Gay Games, POTM, coaching activities, the Dashing Deer race, the Eltham 5 Miler and other Club events had all generated strong engagement. The LFR weekly runs content continues to perform consistently well, while informational posts relating to hot weather guidance and the EHRC guidance were particularly well received, attracting over 7,000 views and being shared by other LGBTQ+ running clubs. The posting welcoming the successful launch of the Club's women's training sessions, established a positive presence within the account as well.

Looking ahead, July continues to be another particularly active month, with coverage planned for the Gayzelles crossover event, the One Mile Relay, the Queerznight, the weekly Club runs, the annual Yorkshire trip and other forthcoming activities.

No problem whatsoever and successful delivery of the weekly eBulletin, which has consistently been circulated to members at midday each Monday. All requests relating to additions or amendments to the mailing list have been dealt with promptly, and no issues were reported during the month.

Looking forward, publicity activity during the coming weeks will continue to focus on promoting weekly runs, volunteering opportunities, Trans+ Pride, forthcoming races, the Women's and Non-Binary 10K training programme and the introduction of the monthly "What We're Doing This Month" feature. The ongoing maintenance of the Club's WhatsApp communications are continuing without any drama and it was reiterated that FB would continue to be used primarily for long run routes and photographs shared within the members' group.

The Club's Instagram account has now been successfully migrated to a professional account, allowing members of the public to contact the Club

directly through the platform. It was reported that this functionality is already being actively used and has begun to generate direct enquiries from prospective members.

Action: CM was requested to respond to Jill regarding her proposal for the relevant communications application.

Social Activities Update (SS)

The recent Black Cap social was described as a considerable success, attracting close to one hundred members and further strengthening the Club's relationship with the venue. The continued popularity of these events was welcomed as an important contribution to the Club's social calendar.

Discussion then turned to London Pride. Whilst feedback from participants had been mixed, there was broad agreement that the day had been successful overall. Particular attention was given to the practical difficulties encountered by some members who, having left the parade to use toilet facilities, were subsequently prevented by security staff from rejoining the group. It was agreed that this experience should be raised with the Pride organisers to help improve arrangements for future years.

Action: CBP is requested to contact the Pride in London organisers about the above matter and to provide feedback regarding the re-entry arrangements and the issues experienced by members during this year's parade.

Looking ahead, the meeting reflected on the planning of future Pride participation and recognised the importance of ensuring that the event remains welcoming and inclusive for all members. It was considered essential that anyone wishing to participate or contribute should feel encouraged to do so, and that appropriate attention should continue to be given to behavioural expectations so that every member enjoys a positive and supportive experience.

An update was also provided on the forthcoming Nespresso social, scheduled for Sunday the 26th, for which fifteen members have already registered.

Preparations for the annual summer picnic are progressing well, with the event due to take place on Saturday 22 August. It was confirmed that the Cock Tavern has already been reserved for the post-picnic social gathering.

The Club has once again been invited to participate in the Big Sports Day, organised in partnership with the Royal Vauxhall Tavern and taking place at the Vauxhall Pleasure Gardens on Bank Holiday Monday, 31 August, in support of LGBT HERO. The event has been a longstanding fixture within London's LGBTQ+ community, and the LFR participation would continue the Club's tradition of supporting community initiatives. It was recognised that a minimum of five members would be required to form a team, with the possibility of entering a second team should sufficient interest be shown.

Action: the SS will create a call for participants to be circulated to members to gauge interest in entering one or more LFR teams in the Big Sports Day.

An update was also received regarding the forthcoming Sail Loft social. It was confirmed that the venue has a minimum spend requirement of £1,800, against which a £400 deposit has already been paid. The Black Cap has likewise been secured as the venue for the post–Pride Run 10K celebrations, commencing at 8.00 pm.

Finally, the SS provided a detailed update on arrangements for the Club's Christmas Party. Following a visit to the proposed venue, both MR and GH expressed their enthusiasm for the Belgian Ambassador's Residence in Belgravia, considering it to be an excellent setting for this year's celebration.

The event is provisionally scheduled for Saturday 12 December, from 7.00 pm until midnight, and will include drinks throughout the evening together with buffet-style canapés and light refreshments. It was confirmed that the DJ who performed at the Club's 2024 Christmas Party has been re-engaged.

Initial costs, based on an attendance of approximately two hundred members, were presented. Depending upon final staffing requirements, the overall cost is expected to fall between approximately £6,660 and £7,560, equating to around £33–£38 per person. It was generally considered prudent to budget on

the basis of a ticket price of approximately £40 per person, allowing sufficient flexibility for catering and beverages. The drinks package is expected to include sparkling wine on arrival together with beer, ale, red wine and white wine throughout the evening. It was agreed that a reduced-price ticket for members wishing to attend later in the evening would not be offered. Final catering arrangements and anticipated consumption levels will instead be considered before the ticket price is confirmed.

Operations Secretary (OS)

Club Kit and Merchandise Approximately 28 items were purchased through the latest club clothing shop order. The new kit is expected to be available for collection from Monday 20 July. Members were given opportunities to view samples before ordering. Samples were brought to a recent brunch at the Thistle, which was welcomed by several runners. I also offered to bring the samples to a Monday run, but no members requested this. Subject to member demand, a further late-summer clothing order could be considered.

I will send the website team refreshed information about the kit-purchasing process. This should improve communications, make the process clearer to members and ensure that kit-related queries are directed to the Operations Secretary rather than the Presidents or other Committee members. Discussions are continuing with the designer and clothing supplier to finalise the technical and branding requirements for the proposed London Frontrunners leisure T-shirt. It is hoped that the T-shirt will be available to purchase through the club shop in late July or early August.Once the leisure T-shirt has been completed, I will explore further club kit and merchandise options.

Battersea Track Closure Battersea Track is expected to close for approximately 12–14 weeks for refurbishment work. This may be quicker and I have asked the track manager to keep myself and Adam J informed. Adam is pursuing possible alternative coaching arrangements during the closure, with communications to members to follow and website to be updated.

Greenwich Coaching I continue to work with Adam to explore whether a trial coaching offer can be introduced in Greenwich. This is proving difficult to arrange because of limited coaching availability and the need to maintain the club's existing coaching programme. However, we will continue to consider possible formats and work towards making a Greenwich coaching offer possible.

Track Bookings and Venue Relationships Mile End Track has agreed in principle to an arrangement under which the club could purchase training places in bulk. The remaining logistics are being worked through, with the aim of managing the process electronically where possible. I have so far agreed with the venue that we will purchase 100 places, subject to approval by the LFR treasurer and Committee.

I am continuing similar discussions with Battersea so that a comparable arrangement can hopefully be introduced when the track reopens.

More generally, I would like to improve working with the venue managers at Mile End and Battersea to strengthen the club's relationships with them. This should help ensure that the club receives earlier and more consistent communications about developments affecting members, including track closures and other changes to facilities.

Women in Sport MH reported that he had spoken with Anne-Marie Lillis, Women in Sport Officer at Dublin Frontrunners, to gain a better understanding of the role, the initiatives currently being undertaken by Dublin Frontrunners, and whether similar approaches could be of benefit to LFR. A summary of the discussion had been circulated to the Committee, together with the questionnaire used by Dublin Frontrunners to gather feedback on the experiences of its women members, for consideration.

It was further reported that Anne-Marie had been asked to provide any available data demonstrating changes in women's membership, participation or engagement following the introduction of the Women in Sport Officer role. Such information would assist the Committee in evaluating the potential impact of a comparable role within LFR and help inform any future proposals. I

have now spoken with Anne-Marie Lillis, Dublin Frontrunners' Women in Sport Officer, to understand the role, the work being undertaken in Dublin and whether similar approaches could benefit the Club.

I have also asked Anne-Marie for any available statistics showing changes in women's membership, participation or engagement since Dublin established the Women in Sport Officer role. This would help us assess the impact of the role and provide further evidence to inform LFR's approach.

Club Venues and Facilities: Updated venue and facilities information has been provided to the website team for publication following the EHRC ruling.

Work to identify an alternative venue for Victoria Park has slowed considerably because of the lack of suitable options. I intend to pick this work up again in the autumn with Christos, the Club Secretary.

I am contacting Greenwich Leisure Centre regarding its shower provision. Approximately half of the showers have been out of action for several weeks, and the facilities would also benefit from more general servicing and maintenance.

On one recent occasion, I noted that cleanliness at the Castle Centre in Elephant and Castle was below the standard we would expect. I will monitor the situation to ensure that this was an isolated occurrence and raise it with the venue if further concerns arise.

I have contacted the Sun pub in Clapham to confirm that the club wishes to continue its weekly reservation into August and September.

I also worked with the Club Secretary on cancellation emails to venues that the Club was unable to use during the period of extreme heat in June. Any associated cancellation fees still need to be resolved.

Socials and Events The Pride brunch was a significant success. Thank you to CBP and MR for their help in organising it.

The standard of the Club's brunch at the Thistle has improved in recent weeks, which has been encouraging, and positive feedback has been

received from members and a thank you email sent to the Thistle's management. I have asked the Thistle Hotel to review and confirm its payment details so that the Club Treasurer can make payment for the special brunch.

The Eltham social was also a success. Many thanks to Matt Clare for organising the event.

Alternative arrangements were explored for the Regent's Park social after the usual pub became unavailable because of a World Cup fixture. Information was also provided to the Greenwich group to support its planning around clashes between Club nights and England matches.

Devon Trip Although this did not form part of my Operations Secretary responsibilities, I would like to note that the Devon trip was excellent and great fun. A thank-you email from the Presidents has been sent to the Devon Committee in recognition of the work involved in organising and hosting the weekend.

Membership Update (MS)

Membership currently stands at 720 members, subject to one or two outstanding payments still being processed. It was observed that the rate of new memberships has begun to slow with the arrival of the summer period, with 25 new members joining in May, 19 in June, and 6 so far in July.

The annual review of membership records has now been completed, with members who had not renewed their subscriptions being removed from the membership list. During this process, one member was inadvertently deleted in error; however, this was promptly identified and the member has since been successfully reinstated on WebCollect.

Attention was also drawn to an isolated issue affecting two members, both of whom had received automated emails from EA advising that their registrations had lapsed, despite the EA portal correctly showing them as registered. The

matter was raised with EA, although no explanation for the apparent system error has yet been provided.

Finally, it was reported that one member had resigned from the Club following its position in relation to the recent EHRC guidance. The Membership Secretary has invited the former member to provide any further feedback they may wish to share regarding their decision.

Club Secretary

An update was provided on the Club's volunteering programme, with the observation that the current volunteering season is now fast and mercifully approaching its conclusion after another highly successful year.

Particular satisfaction was expressed with the Club's contribution to the Saucony 10K, where LFR was able to staff an entire First Aid Station exclusively with LFR volunteers. A total of 40 members volunteered at First Aid Station 1, with a further 6 members supporting First Aid Station 2. This achievement will result in the Club receiving 46 guaranteed entries for next year's Hackney Half, in addition to the Community Places allocated to the Club through its partnership with Hackney Moves.

An equally positive update was received regarding Transcend, where feedback provided following last year's event had been successfully implemented by the organisers, considerably improving the volunteering experience for the LFR team. Club volunteers supported registrations, the bag drop and course marshalling throughout the event, which was regarded as a success and an extremely enjoyable experience for all involved.

Attention then turned to the remainder of the volunteering calendar. The Standard Chartered event is scheduled for tomorrow, after which the Club will continue its volunteering commitments at the Vitality 10,000, The Big Half and the Royal Parks Half Marathon, bringing the volunteering season to its conclusion.

Recruitment preparations for next year's London Marathon volunteering programme have already commenced, and further updates will be provided to the Committee as recruitment progresses.

An update was also provided on the Club's cultural visits programme with two visits to the Banqueting House and one visit to Hampton Court already being arranged. It is intended that further visits to the Tower of London and Kensington Palace will be organised before the end of 2026. The Committee will also receive a further update at the September RCM regarding the proposed partnership of LFR with Kew Gardens.

It was confirmed that the next RCM will take place on Tuesday 25 August.

AOB

Attention returned to the proposed transition to a limited company. It was emphasised that this matter has not been forgotten and remains an important item of work for the Club. Whilst progress has been slower than anticipated, it was recognised that further work is required to develop the proposals into a form suitable for wider consideration.

In particular, it was agreed that the membership consultation now needs to be refined and brought into a more developed state before it can be presented to members. Further work will therefore be undertaken to ensure that the consultation is sufficiently robust and clearly articulated prior to its release.